



Sunset Tennis Center Adult Program offers a variety of programs for players of all levels and interests. We field competitive teams in women's Gateway Interclub and in USTA Leagues at all levels. Placement in the program is based on skill level as evaluated by the Sunset teaching staff. Competition, learning and fun are the goals of the program.

Don't see something that works for you? Email info@sunsettenniscenter.com or call us (314-849-2327)

Tuesday

Doubles Drills 3.0-3.5

Co-Ed – 8:45-10:15 am

Emphasis will be placed on tactics, positioning, and communication. Technically, we drill volleys, lobs, overheads, and some doubles specialty shots. Advanced registration required. Call Sunset to register.

\$34

Advanced Doubles Drills

Co-Ed – 10:45 am-12:15 pm

Emphasis will be placed on tactics, positioning, and communication. Technically, we drill volleys, lobs, overheads, and some doubles specialty shots. You will hit lots of balls and get a great workout.

Advanced registration required. Email sunsetinterclub@gmail.com.

\$34

Singles Clinic

Co-Ed – 3:00-4:30 pm

This class focuses on singles strategy & play based drills. Advanced registration required. Call Sunset to register.

\$32

Men's Drill & Play

8:30-10:00 pm

This group includes 30 minutes of supervised warm-up & drill leading to customized doubles and/or singles play. Contact Brent to register. brent@sunsettenniscenter.com

\$30

Wednesday

Interclub Team Practices

Red/Blue – 9:00-10:30 am

Gold/Silver – 10:45-12:15 pm

This 1.5 hour clinic will be limited to two courts. It will be half clinic, half play. Sign up required at sunsetinterclub@gmail.com. \$30

Thursday

Advanced Doubles Drills 4.0-5.0

Co-Ed – 9:00-10:30 am

Emphasis will be placed on tactics, positioning, and communication. Technically, we drill volleys, lobs, overheads, and some doubles specialty shots. You will hit lots of balls and get a great workout. Advanced registration required. Email sunsetinterclub@gmail.com.

\$34

Thursday CO-ED Tennis Workout

8:30-9:30 pm

This is a high intensity workout clinic. You will improve your strokes, your ability, and endurance by playing competitive games and drilling to music. This is not an instructional based clinic. \$25, Drop-in.

Friday

Ladies Interclub

Sunset hosts two competitive teams for doubles play at all skill levels. Matches are held on Fridays against area tennis clubs, rotating home court play and away matches. This is a great way to play against a variety of St. Louis players, make new friends, and practice with your teammates.

Memberships:

Regular Member: \$150 interclub fee plus \$15/match; inserted into lineup before Part-time Members.

Part-Time Member: \$20/match (*includes \$5 interclub fee*); play as needed when Regular Members have not filled the courts.

Saturday

Doubles Drill & Play

Co-Ed – 8:00-9:30 am

Emphasis will be placed on tactics, positioning, and communication. Technically, we drill volleys, lobs, overheads, and some doubles specialty shots. One hour of drills followed by 30 minutes of point play. Advanced online registration, email pam@sunsettenniscenter.com for registration access. All levels \$32.00.